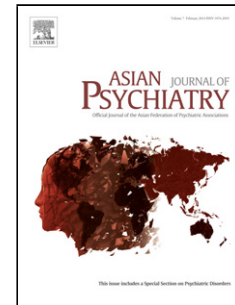


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Directional Brain Networks underlying *OM* Chanting

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Highlights:

- *Om chanting reduced* outputs from insula, anterior cingulate and orbitofrontal cortices
- Output from these regions was reduced to Amygdala
- “sss” sound did not decrease connectivity in our network as compared to “rest”.
- Modulation of brain regions involved in emotion processing raises potential clinical application

Abstract

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