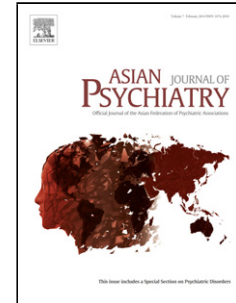


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Burden of Common Mental Disorders among pregnant women: a systematic review

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Highlights

- Twenty three studies included in the review
- Prevalence of Common Mental Disorders among pregnant women ranges from 1% to 37%
- Depression more commonly studied, prevalence ranged from 1% to 30%.
- Prevalence of anxiety disorders ranged from 1% to 26%

Abstract

Introduction: Common mental disorders (CMDs) including depressive and anxiety disorders during antenatal period is reported to affect both mother and child health outcomes. There is scarce evidence about burden of CMDs during pregnancy from Lower and Middle Income Countries.

Objective: To review the evidence about the burden of common mental disorders among pregnant women

Methods: Major databases were searched systematically for English language studies on prevalence of CMDs. Quality assessment of studies was done with the modified version of Newcastle-Ottawa Scale for non-analytical studies.

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