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Title: Primary care physicians' perceived barriers on the management of depression in China primary care settings

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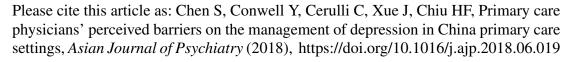
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Highlights

- Social stigma is one of the biggest barriers to mental health care, with more than 34.6% of the primary care physicians (PCPs) in our study have reported that the patients with depression or their families were reluctant toward diagnosis of depression; nearly 80% of patients were hesitant in consulting a mental health specialist.
- PCPs felt comfortable on discussing psychological issues with patients, and majority of them believed the time spent on depression management was well spent.
- Our findings suggested that PCPs required more training on mental health care.

Abstract

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