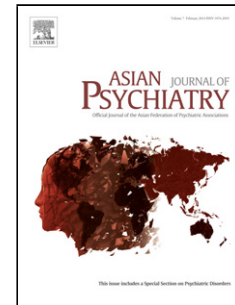


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Coping strategies of caregivers towards aggressive behaviors of persons with severe mental illness

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Highlights

- We explored the relationship between aggressive behaviors and coping strategies used by family caregivers of patients with severe mental illness.
- We found that coping towards aggression in caregivers are predominantly maladaptive especially when encounter physical aggression and aggression directed towards property.
- Coping skills training may help family caregivers to address aggression better.

ABSTRACT

Aggression is one of the chief determinants of caregiver burden in severe mental illnesses. Clinical and treatment implications of aggression in mental illness are predominantly studied in perspectives of mental health care professionals. Coping style of caregivers towards aggression of persons with mental illness is understudied. So we studied coping strategies

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