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Authors: Bandna Gupta, Amardeep Patel, Sujita Kumar Kar

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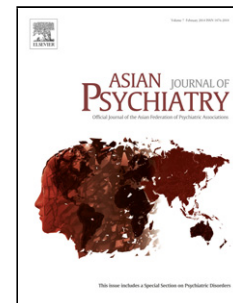
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Title of the article: **Polydipsia and anxiety as early warning signs of relapse in schizophrenia**

Contributors

1. BANDNA GUPTA, MD (PSY), ASSISTANT PROFESOR, DEPARTMENT OF PSYCHIATRY, KING GEORGE'S MEDICAL UNIVERSITY, LUCKNOW, U.P, INDIA. E-mail: drbandna@yahoo.co.in
2. AMARDEEP PATEL, SENIOR RESIDENT, DEPARTMENT OF PSYCHIATRY, KING GEORGE'S MEDICAL UNIVERSITY, LUCKNOW, U.P, INDIA. E-mail: amardeepp53@gmail.com
3. SUJITA KUMAR KAR, MD (PSY), ASSISTANT PROFESOR, DEPARTMENT OF PSYCHIATRY, KING GEORGE'S MEDICAL UNIVERSITY, LUCKNOW, U.P, INDIA. E-mail: drsujita@gmail.com

Corresponding Author: Dr. SUJITA KUMAR KAR, MD (PSY), ASSISTANT PROFESSOR, DEPARTMENT OF PSYCHIATRY, KING GEORGE'S MEDICAL UNIVERSITY, LUCKNOW, U.P, INDIA

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To the Editor,

Patients with schizophrenia may experience polydipsia, resulting in life threatening water intoxication (Goldman, 2009). Evidences suggest about alteration in neuro-endocrinal regulation of water (mediated by cortisol & aldosterone) in development of polydipsia and water intoxication in patients with schizophrenia and other psychiatric disorders (Goldman et al., 2007). Impaired water regulation in the body can be associated with psychotic exacerbation (Goldman, 2009), which can attribute to development of specific symptoms (polydipsia,

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