

## Accepted Manuscript

Prevalence and factors associated with premenstrual dysphoric disorder: a community sample of young adult women

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PII: S0165-1781(17)32291-6  
DOI: [10.1016/j.psychres.2018.06.005](https://doi.org/10.1016/j.psychres.2018.06.005)  
Reference: PSY 11479



To appear in: *Psychiatry Research*

Received date: 13 December 2017  
Revised date: 27 March 2018  
Accepted date: 5 June 2018

Please cite this article as: Adriana Bezerra de Carvalho , Taiane de Azevedo Cardoso ,  
Thaíse Campos Mondin , Ricardo Azevedo da Silva , Luciano Dias de Mattos Souza ,  
Pedro Vieira da Silva Magalhães , Karen Jansen , Prevalence and factors associated with pre-  
menstrual dysphoric disorder: a community sample of young adult women, *Psychiatry Research*  
(2018), doi: [10.1016/j.psychres.2018.06.005](https://doi.org/10.1016/j.psychres.2018.06.005)

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**Highlights**

- There is a high prevalence of Premenstrual Dysphoric Disorder in a young adult sample;
- The high prevalence found should be interpreted considering the retrospective assessment;
- PMDD is associated with older age, lower economic status, and no current occupation;
- PMDD presents comorbidity with mood and anxiety disorder, and with suicide risk;
- Clinicians should be alert to PMDD symptoms, specially in young adult women.

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