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Internet Addiction in Tibetan and Han Chinese middle school students: prevalence, demographics and quality of life

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Highlights

- Internet addiction (IA) is an emerging public health problem amongst young people, but no data exist in Tibetan middle school students.
- The overall prevalence of IA was 14.1%, with 15.9% in Tibetan students and 12.0% in Han students.
- Internet addiction was also associated with significant lower quality of life in physical, psychological and environmental domains.

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