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Associations among Eating Disorder Behaviors and Eating Disorder  
Quality of Life in Adult Women with Anorexia Nervosa

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## Highlights

- We examined associations between eating disorder (ED) behaviors, assessed via ecological momentary assessment (EMA), and eating disorder quality of life (EDQOL)
- Greater frequency of EMA-assessed restriction and bulimic behavior independently predicted lower EDQOL scores.
- Lower psychological EDQOL was associated with more EMA dietary restriction;
- Lower work-related EDQOL was associated with more EMA binge eating.

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