

Accepted Manuscript

A naturalistic 1 year follow-up study of the elderly patients with depression visiting the psychiatric outpatient services for the first time

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PII: S0165-1781(17)32092-9
DOI: [10.1016/j.psychres.2018.05.080](https://doi.org/10.1016/j.psychres.2018.05.080)
Reference: PSY 11469



To appear in: *Psychiatry Research*

Received date: 14 November 2017
Revised date: 4 May 2018
Accepted date: 29 May 2018

Please cite this article as: Sandeep Grover , Aseem Mehra , Eish Dalla , Subho Chakrabarti , Ajit Avasthi , A naturalistic 1 year follow-up study of the elderly patients with depression visiting the psychiatric outpatient services for the first time , *Psychiatry Research* (2018), doi: [10.1016/j.psychres.2018.05.080](https://doi.org/10.1016/j.psychres.2018.05.080)

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Highlights:

- 41.4% of elderly patients with depression did not return to the clinic after the first visit.
- Majority of the patients who continued to follow-up at 6 month and 1 year continued to take the prescribed medications
- 75% and 90% patients dropped out from the clinic by 6 months and 1 year.
- 65% of patients achieved improvement in symptoms to the extent of 81-100%

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