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PREVALENCE OF CHILDHOOD MENTAL DISORDERS IN OVERWEIGHT AND OBESE SPANISH CHILDREN: IDENTIFYING LOSS OF CONTROL EATING

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Highlights

- We found a high prevalence of childhood psychological problems according to DSM-5 diagnosis in overweight / obese Spanish pediatric sample.
- The results show the relevance of carrying out a standardized childhood-adolescence interview with the objective of making a reliable clinical diagnosis among a population with overweight/obesity.
- Similarly to adults with obesity showing a high prevalence of binge episodes, in the case of children, LOC episodes are prevalent.
- We observed a clear association between the occurrence of LOC episodes and negative emotions such as anxiety.

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