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Prevalence of DSM-5 depressive disorders and comorbidity in Spanish early adolescents: Has there been an increase in the last 20 years?

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## Highlights

- The estimated current prevalence of Major Depressive Disorder (MDD) in school children is of 1.6% (95% CI: 0.9-2.2) and is similar to those found 20 years ago at the same place (1.5%; 95% CI: 0.4 - 2.5).
- The prevalence of PDD was 2.9% (95% CI: 2.1-3.8)
- No significant differences between gender were found in either of the two periods studied.
- In the 80% of cases of MDD, an anxiety diagnosis was also made.
- In relation to related factors, to belong to a single parent family (OR: 2.7; IC95%:1.9-3.9) and to be born out of Spain (OR: 1.7; 95%IC:1.1–3.9) increased the risk of having depressive symptoms.

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