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Self-stigma in PTSD: Prevalence and correlates

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Highlights

- Self-stigma is the internalization of negative stereotypes about mental illnesses
- We know much about self-stigma in schizophrenia, but little about its presence in PTSD
- We compared a PTSD sample (n=46) to a schizophrenia sample (n=82) on self-stigma
- Results suggest a significant level of self-stigma exists among veterans with PTSD
- Self-stigma had an effect on PTSD and commonly comorbid symptoms, like depression

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