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Impact of aerobic exercise on cognitive impairment and oxidative stress markers in methamphetamine-dependent patients

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Highlights

- MA-dependent patients with verbal learning and memory deficits have higher serum levels of MDA
- A 12-week aerobic exercise program may have beneficial effects on the processing speed as well as blood lipid peroxidation in MA-dependent patients
- Aerobic exercise could be employed as a therapeutic tool for MA-dependent patients

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