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Nightmares and Suicide Risk in Psychiatric Patients: The Roles of Hopelessness and Male Depressive Symptoms

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Highlight

- Nightmares play an important role in well-being and may be important for outcome of psychiatric disorders
- Hopelessness and depression have a contributing role in the increasing suicide risk
- We found that patients with more nightmares had more hopelessness and depression as well as suicide risk
- We conclude that the assessment of nightmares help clinicians in defining the complexity of each patients and provide the best treatment

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