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Mediation of the Bidirectional Relations between Obesity and Depression among Women

Jeffrey R. Vittengl

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**Highlights**

- Why obesity predicts development of depression and vice versa is poorly understood.
- This study tested mediators of the bidirectional depression-obesity link over time.
- Physical impairment, social dysfunction, and emotional eating were mediators.
- Multiple mediators suggest the need for multifaceted prevention and treatment.

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