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## Alcohol use disorder and cognitive impairment in old age patients: a 6 months follow-up study in an outpatient unit in Barcelona

Elena Ros-Cucurull <sup>\*a,b,c</sup>, Raúl Felipe Palma-Álvarez <sup>a,b,c</sup>, Cristina Cardona-Rubira <sup>b</sup>, Elena García-Raboso <sup>b</sup>, Carlos Jacas <sup>b,c</sup>, Lara Grau-López <sup>a,b,c</sup>, Alfonso Carlos Abad <sup>a,b</sup>, Laia Rodríguez-Cintas <sup>a,c</sup>, Salvador Ros-Montalbán <sup>d</sup>, Miguel Casas <sup>c</sup>, Josep Antoni Ramos-Quiroga <sup>b,c</sup>, Carlos Roncero <sup>a,b,c,e,f</sup>

a. Addiction and Dual Diagnosis Unit. Vall Hebron University Hospital. Barcelona, Spain

b. Psychiatry Service. CIBERSAM. Vall Hebron University Hospital. Barcelona, Spain

c. Autonomous University of Barcelona. Barcelona, Spain

d. International Institute for Neuroscience. Barcelona, Spain

e. Psychiatry Service. University of Salamanca Health Care Complex. Salamanca, Spain.

f. Institute of Biomedicine. University of Salamanca. Salamanca, Spain.

Corresponding author:

Elena Ros-Cucurull MD

Addiction and Dual Diagnosis Unit

Psychiatry Service. CIBERSAM

Vall Hebron University Hospital

Autonomous University of Barcelona

Paseo Vall d'Hebron, 119-129, 08035 - Barcelona

Tel: +34 93 489 38 80 +34 93 489 42 94, Fax: +34 93 489 45 87

Email:elenaroscucurull@gmail.com

Abstract

There has been little research about deleterious effects, including cognitive impairment, related to hazardous long-term alcohol use in old adults. This study aims to assess cognitive decline in old patients with alcohol use disorder and changes in cognitive state at 6 months follow-up, achieving or not abstinence. A six-month follow-up study was conducted in an outpatient center in Barcelona on a sample of old adults ( $\geq 65$  years old) who had hazardous alcohol use. The sample was compared with healthy volunteers adjusted for age, sex and

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