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PTSD and depression in adult survivors of flood fury in Kashmir valley: The payoffs of social support

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Abstract

Exposure to disasters such as floods predisposes individuals for psychological distress such as posttraumatic stress disorder (PTSD), depression, and anxiety. Researchers exploring the association between flood-exposure and psychopathology attempt to understand the conditions and mechanisms through which potential benefits may occur. One such potential factor that may contribute to resilience in the face of disaster is social support system. However, there is scarcity of researches concerning the protective effects of social support following floods, in adult samples. Thus, the present study examined the moderating and indirect effects of perceived social support from family and friends in the association between flood-exposure and symptoms of PTSD and depression. The study was a cross sectional in

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