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Determining the effectiveness of the third person interview in the level of insight in psychotic patients

Mahsa Mehdizadeh<sup>a</sup>, Omid Rezaei<sup>b\*</sup>, Behrouz Dolatshahi<sup>c</sup>

<sup>a</sup>Faculty of Psychology and Education, Alzahra University, Tehran, Iran

<sup>b</sup>Psychosis Research Center, University of Social Welfare and Rehabilitation Sciences, Tehran, Iran

<sup>c</sup>Department of clinical psychology, University of Social Welfare and Rehabilitation Sciences, Tehran, Iran

\*Correspondence to: Psychosis Research Center, University of Social Welfare and Rehabilitation Sciences, Tehran, Iran. Email address: dr\_omid\_rezaee@yahoo.com

## Abstract

The goal of this study was to determine the effectiveness of the third person interview in increasing the level of insight and cooperation in psychotic patients. We used a quasi-experimental posttest design with an alternative method group. A number of 40 individuals with a definite diagnosis of psychosis were selected using a simple random sampling, and were put randomly in an experimental group (third person interview) and an alternative control group (clinical interview). The results indicated that using the third person interview, the insight level of the psychotic patients increased in all dimensions of insight, except awareness of flat or blunted affect and awareness of unsociability. The results of the independent t-test samples showed no significant difference in cooperation between the two groups of psychotic patients. It seems that the ability to consider one's mental viewpoint from other's, is dependent on the relative ability of psychotic patients to represent other's mental states (theory of mind). But, psychotic patients have severe impairment in the ability to represent their own mental states,

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