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Exploring the association of ego defense mechanisms with problematic internet use in a Pakistani medical school

Ahmed Waqas[a], Abdul Rehman[b]*, Aamenah Malik[a], Ramsha Aftab[a], Aroosa Allah Yar[c], Arooj Allah Yar[c], Aitzaz Bin Sultan Rai[d]

Author Affiliations:

[a]CMH Lahore Medical College and Institute of Dentistry, Lahore Cantt, Pakistan

[b]Allama Iqbal Medical College, Lahore, Pakistan

[c]University of the Punjab, Lahore, Pakistan

[d]Templeton College, Oxford University, United Kingdom

*Corresponding author:

Abdul Rehman

Phone number: +923214216134

Email: abdulrehmansuleman@yahoo.com

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Abstract

The present study was designed to analyze association between internet addiction and use of ego defense mechanisms in medical students. This cross-sectional study was undertaken at CMH Lahore Medical College (CMH LMC) in Lahore, Pakistan from 1st March, 2015 to 30th May, 2015. 522 medical and dental students were included in the study. The questionnaire consisted of three sections: a) demographic characteristics of respondent b) the Defense Style Questionnaire-40 (DSQ-40) and c) the Internet Addiction Test (IAT). All data were analyzed in SPSS v20. Chi square, Independent sample t test and One Way ANOVA were run to analyze association of different variables with scores on IAT. Logistic regression analysis was used to delineate ego defenses as predictors of IAD. A total of 31 (5.9%) students reported severe problems with

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