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Self-Compassion and Emotional Invalidation Mediate the Effects of Parental Indifference on
Psychopathology

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ABSTRACT

This study investigated whether self-compassion and emotional invalidation (perceiving others as indifferent to one's emotions) may explain the relationship of childhood exposure to adverse parenting and adult psychopathology in psychiatric outpatients ($N = 326$). Path analysis was used to investigate associations between exposure to adverse parenting (abuse and

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