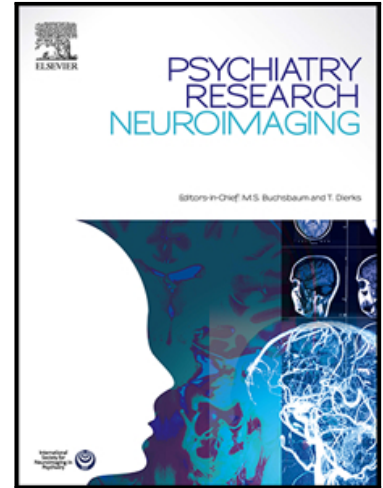


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A systematic review and meta-analysis of the neural correlates of psychological therapies in major depression

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Highlights

- Systematic review and meta-analysis of neural effects of psychotherapy in major depression, all participants were medication-free.
- Meta-analysis revealed a significant group by time effect in the left rostral anterior cingulate (rACC) in response to affective visual processing tasks.
- Following psychotherapy, participants with major depression showed increased rACC activation, while healthy controls showed a decrease in activation at follow up.
- Findings could reflect improvements in emotional responsivity following psychotherapy.

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