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Emotion introspection and regulation in depression

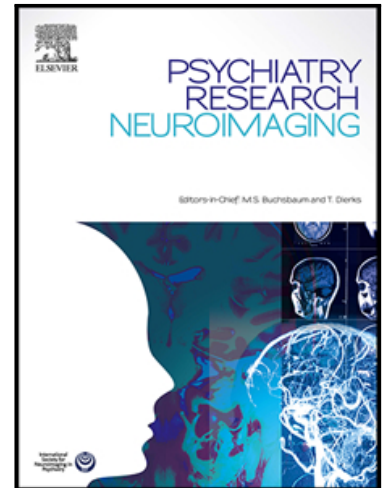
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Highlights

- Depressed patients are able to down-regulate amygdala through ‘emo-spection’
- Depression scores inversely correlate with prefrontal activity during ‘emo-spection’
- Self-reflection and ‘emo-spection’ are associated with increased M-/DLPFC activity

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