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A pragmatic study on efficacy, tolerability and long term acceptance of ketogenic diet therapy in 74 South Indian children with pharmaco-resistant epilepsy

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Highlights

- Ketogenic diet (KD) is an established therapeutic option for resistant epilepsies
- Integration of KD to local dietary practices may at times be very challenging
- KD can be effectively implemented in carbohydrate rich south Indian diet.

Abstract

Purpose: Significant challenges exist for Ketogenic Diet (KD) programs in many populations, mainly due to the variations in local dietary preferences. Here we report a single center experience of KD therapy in a cohort of South Indian children with pharmaco-resistant epilepsies

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