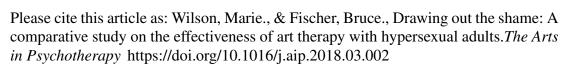
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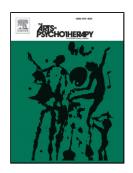
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## ACCEPTED MANUSCRIPT

Drawing out the shame: A comparative study on the effectiveness of art therapy with

hypersexual adults

Running head: DRAWING OUT THE SHAME

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#### HIGHLIGHTS

- Shame is highly correlated with hypersexual behaviors.
- The Tasks-Centered approach was effective at reducing shame with hypersexual adults.
- Art Therapy was equally effective at reducing shame with hypersexual adults.

#### ABSTRACT

Shame is viewed as an obstacle preventing hypersexual adults from ending their compulsive sexual behaviors and establishing lasting recovery. This study featured a quasi-experimental design that compared outcomes of two different forms of treatment to reduce shame with this population, a modified CBT approach and an art therapy approach. The Internalized Shame Scale and the

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