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Does the Transition into Daylight Saving Time Affect Students' Performance?

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Highlights

- We examine whether the clock advance harms elementary school students' performance.
- We use international student assessment data on more than 22,000 students.
- We run hierarchical linear models on test results before and after the time shift.
- We do not find significant performance reductions in the week after the clock change.
- The results cannot be explained by students' young age or low levels of maturity.

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