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Evaluation of a brief unguided psychological online intervention for depression: a controlled trial including exploratory moderator analyses

Thies Lüdtke^{a, c}, Stefan Westermann^b, Lilian K. Pult^a, Brooke C. Schneider^a, Gerit Pfuhl^{c, d}, Steffen Moritz^a

a Department of Psychiatry and Psychotherapy, University Medical Center Hamburg-Eppendorf, Hamburg, Germany

b Department of Clinical Psychology and Psychotherapy, University of Bern, Bern, Switzerland

c Department of Psychology, UiT - The Arctic University of Norway, Tromsø, Norway

d Department of Psychology, Norwegian University of Science and Technology, Trondheim, Norway

Corresponding author:

Thies Lüdtke, thies.ludtke@uit.no, +49 40 7410 57549, Department of Psychiatry and Psychotherapy, University Medical Center Hamburg-Eppendorf, Martinistraße 52, 20246 Hamburg, Germany & Department of Psychology, UiT The Arctic University of Norway, Hansine Hansens veg 18, 9019 Tromsø, Norway

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