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# THEORETICAL CONSIDERATIONS FOR MUSCLE-ENERGY SAVINGS DURING DISTANCE RUNNING

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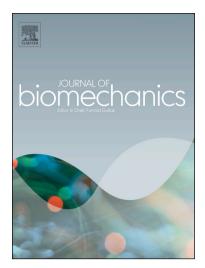
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### ACCEPTED MANUSCRIPT

#### RUNNING HEAD: MUSCLE ENERGY SAVING DURING RUNNING

#### THEORETICAL CONSIDERATIONS FOR MUSCLE-ENERGY SAVINGS DURING DISTANCE RUNNING

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