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Large supramolecular structures of 33-mer gliadin peptide activate toll-like receptors in macrophages

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Abstract

Gliadin, an immunogenic protein present in wheat, is not fully degraded by humans and after the normal gastric and pancreatic digestion, the immunodominant 33-mer gliadin peptide remains unprocessed. The 33-mer gliadin peptide is found in human faeces and urine, proving not only its proteolytic resistance *in vivo* but more importantly its transport through the entire human body. Here, we demonstrate that 33-mer supramolecular structures larger than 220 nm induce the overexpression of nuclear factor kappa B (NF- κ B) via a specific Toll-like Receptor (TLR) 2 and (TLR) 4 dependent pathway and the secretion of pro-inflammatory cytokines such as IP-10/CXCL10 and TNF- α . Using helium ion microscopy, we elucidated the initial stages of oligomerisation of 33-mer gliadin peptide, showing that rod-like oligomers are nucleation sites for protofilament formation. The relevance of the 33-mer supramolecular structures in the early stages of the disease is paving new perspectives in the understanding of gluten-related disorders.

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Key words: Oligomers; Gluten-related disorders; Celiac disease; Innate immune response; Helium ion microscopy

Gluten is a complex protein matrix present in wheat, barley, rye and some varieties of oats that elicits complex immunological disorders, which affect around 1 to 7% of the global population. They are named according to clinical symptoms and immunological response as wheat allergy, celiac disease (CD), gluten ataxia, dermatitis herpetiformis and non-celiac gluten sensibility.¹ In wheat, gliadin and glutenin are the major components of gluten.² It is known that humans do not fully degrade gliadin and after its digestion, some large peptic fragments remain unprocessed. One of these fragments is the immunodominant 33-mer gliadin peptide.³ This protein fragment has also been found in human faeces and urine, proving not only its proteolytic resistance *in vivo* but more importantly its transport through the entire human system.⁴ From a

molecular point of view, this peptide behaves as a non-ionic amphiphile which oligomerizes into soluble nanostructures of different sizes which coexist in equilibrium as determined by electron microscopy (EM), atomic force microscopy (AFM), and dynamic light scattering (DLS).^{5,6} Recently, a radiolabelled mutated ³H-33-mer and its oligomers were found in blood plasma and accumulated in different organs in murine models after oral administration.⁷ Moreover, the 33-mer is present in various wheat flours at levels ranging from 91 to 603 μ g/g flour.⁸

Up to now, the 33-mer peptide activity has been linked mainly to the adaptive immune response⁹ but the activation of the innate response remains poorly understood.¹⁰ Analysis of intestinal mucosa from untreated celiac patients¹¹ and various

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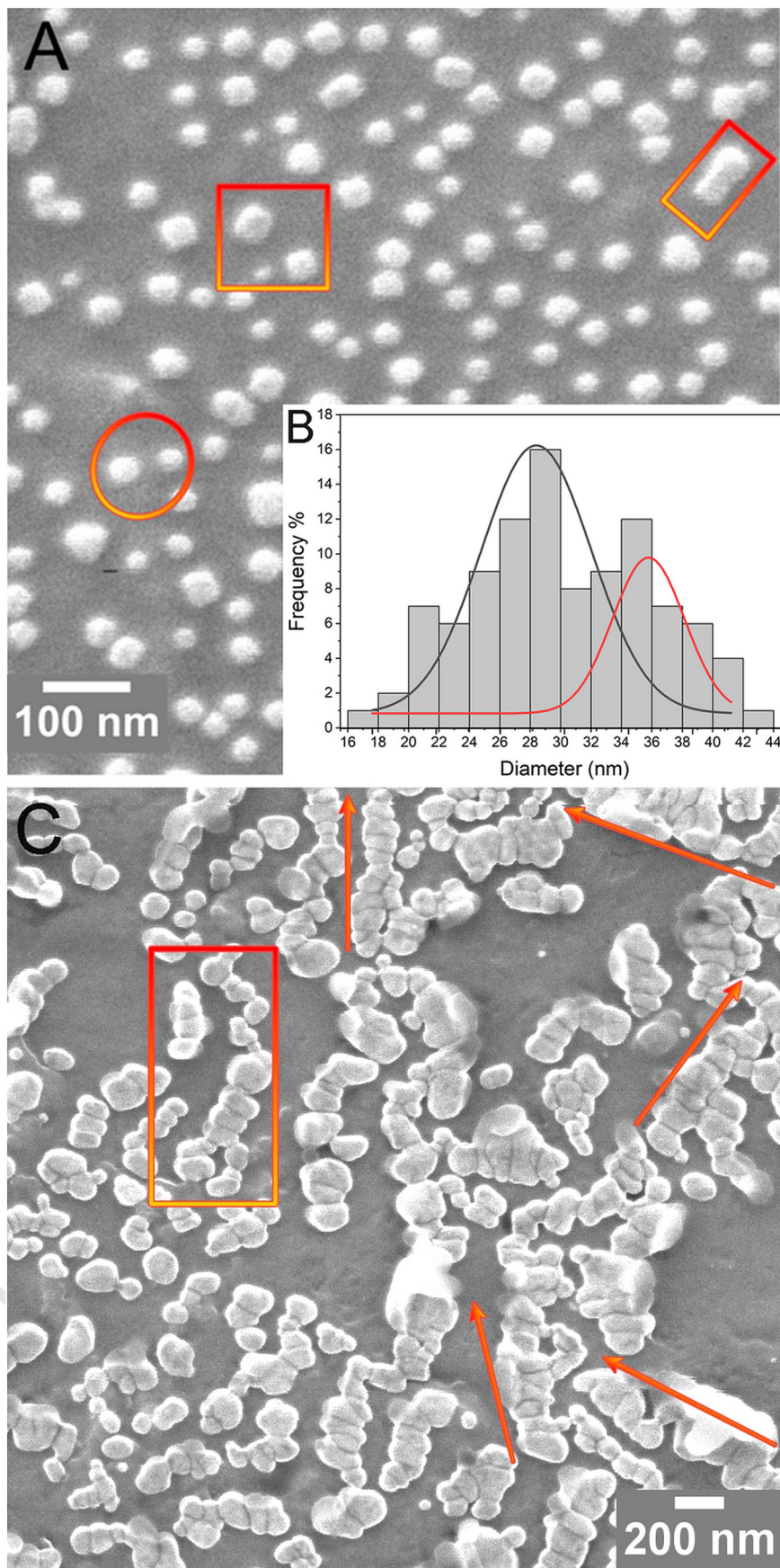
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