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What genome-wide association studies reveal about the association between intelligence

and physical health, illness, and mortality

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Abstract

The associations between higher intelligence test scores from early life and later good health,

fewer illnesses, and longer life are recent discoveries. Researchers are mapping the extent of

these associations and trying to understanding them. Part of the intelligence-health

association has genetic origins. Recent advances in molecular genetic technology and

statistical analyses have revealed that: intelligence and many health outcomes are highly

polygenic; and that modest but widespread genetic correlations exist between intelligence

and health, illness and mortality. Causal accounts of intelligence-health associations are still

poorly understood. The contribution of education and socio-economic status—both of which

are partly genetic in origin—to the intelligence-health associations are being explored.

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