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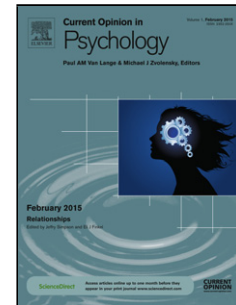
Title: Feeling Short on Time: Trends, Consequences, and Possible Remedies

Author: Melanie Rudd

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Highlights:

- Perceived time shortage increased from 1965 to the early 1990s, before plateauing.
- Despite a recent downward trend, feelings of time shortage remain pervasive.
- Feelings of time shortage are particularly acute among certain demographic groups.
- Perceived time shortage and busyness can have positive and negative consequences.
- Emerging topics include how to safeguard against or shift perceived time shortage.

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