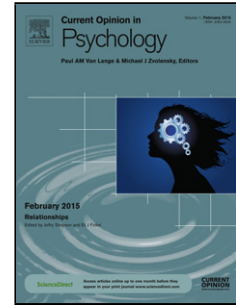


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Abstract

Attachment theory provides a model for understanding 1) development within the context of the child's primary, and formative relationships, and 2) an adult's orientation toward lifelong intimate connections, social relationships, and autonomous exploration.

Researchers have linked attachment processes with therapeutic alliance, process, and outcomes. Studies of ruptures and discourse analysis distinguish the in-session behavior associated with attachment, and identify distinct ways of working with forms of insecurity. The therapist's own attachment organization also plays a key role in therapeutic success. Key tenets of attachment-informed psychotherapy include: 1) the therapist-patient attachment relationship is central to promoting change, 2) the

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