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## ORIGINAL ARTICLE

# Psychometric properties of the Conners-3 and Conners Early Childhood Indexes in a Spanish school population

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## KEYWORDS

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**Abstract** *Background/Objective:* To examine the psychometric properties of the Conners 3 ADHD Index (Conners 3 AI) and the Conners Early Children Global Index (Conners ECGI) parents' form (PF) and teachers' form (TF) in Spanish schoolers. *Method:* Two-phase cross-sectional study. In the first phase, information was gathered from teachers ( $n = 1,796$ ) and parents ( $n = 882$ ) of 4-5 and 10-11 year-old children. In the second phase ( $n = 196$ ), children at risk of ADHD and controls were individually assessed. *Results:* The results confirmed the two-factor structure of the Conners 3 ADHD Index, which contains hyperactive-impulsive and inattentive symptoms, and the two-factor structure of the Conners ECGI PF, consisting of emotional lability and restless-impulsive symptoms. In contrast with the original version, the Conners ECGI TF presented an additional inattentive factor. Moderate-to-high rates of evidence of convergent validity with Child Behavior Checklist and Kiddie-Schedule for Affective Disorders & Schizophrenia, and evidence of external validity (academic achievement) were found. Scores were significantly higher in boys than in girls, for both indexes. Raw scores corresponding to clinical T-scores were higher than the original version. *Conclusions:* The Conners indexes may be considered reliable and valid instruments for detecting ADHD symptoms in Spanish populations.

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**PALABRAS CLAVE**

Conners;  
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por encuesta

**Propiedades psicométricas de los Índices de Conners-3 y Conners Early Childhood en población escolar española**

**Resumen** *Antecedentes/Objetivo:* Analizar las propiedades psicométricas del *Connors 3 ADHD Index* (*Connors 3 AI*) y del *Conners Early Children Global Index* (*Conners EC GI*), en sus formas para padres (PF) y maestros (TF), en escolares españoles. *Método:* Estudio transversal en doble fase. En la primera fase, se recogió información de maestros ( $n=1.796$ ) y padres ( $n=882$ ) de niños de 4-5 y 10-11 años. En la segunda fase ( $n=196$ ), se evaluaron individualmente niños a riesgo de TDAH y controles. *Resultados:* Se confirmó la estructura bifactorial del *Connors 3 AI*, que agrupa síntomas de hiperactividad-impulsividad e inatención, y del *Conners EC GI PF*, que agrupa síntomas labilidad emocional e inquietud-impulsividad. A diferencia de la versión original, el *Conners EC GI TF* presentó un factor adicional de inatención. La evidencia de validez convergente con el *Child Behavior Checklist* y la *Kiddie-Schedule for Affective Disorders & Schizophrenia*, y de validez con criterios externos (rendimiento académico) fueron entre moderadas y altas. Se encontraron puntuaciones significativamente más altas en los niños que en las niñas para ambos índices. Las puntuaciones directas correspondientes a puntuaciones *T* clínicas fueron más elevadas que en la versión original. *Conclusiones:* Los índices de Conners pueden considerarse instrumentos válidos y fiables para detectar sintomatología de TDAH en población española.

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Attention deficit hyperactivity disorder (ADHD) is the most commonly diagnosed neurodevelopment disorder in children and adolescents. Recent international and national meta-analyses have estimated ADHD prevalence to be around 7% in children and adolescents from non-clinical populations (Català-López et al., 2012; Thomas, Sanders, Doust, Beller, & Glasziou, 2015). Among preschoolers, a prevalence of between 2% and 5% has been described (Canals, Morales-Hidalgo, Jané, & Domènec, 2016; Ezpeleta, de la Osa, & Domènec, 2014; Gudmundsson et al., 2013; Wichstrøm et al., 2013).

The use of validated screening tools in primary health care and school is commonly recommended to improve the identification of psychopathology in the general child population. In ADHD detection, clinical guidelines encourage professionals to collect behaviour information on the child in multiple environments, especially in the family and at school (American Academy of Child and Adolescent Psychiatry, AACAP, 2007; American Academy of Pediatrics, AAP, 2011; Grupo de Trabajo de la Guía de Práctica Clínica, GPC, 2010; National Institute for Health and Clinical Excellence, NICE, 2016). This is necessary because parents and teachers can often show different views about the child's behaviour due to the environment in which the child is evaluated. Specifically, hyperactive-impulsive symptoms appear to be more consistently reported by both informants than inattentive symptoms (Narad et al., 2015).

For this purpose, behaviour rating scales based on Diagnostic Statistical Medical, DSM (American Psychiatric Association, APA, 2013) or CIE-10 (World Health Organization, WHO, 1992) criteria are recommended and commonly used by neuro-paediatricians and clinical

and school psychologists when academic or behaviour problems and symptoms of inattention, hyperactivity, or impulsivity are referred in children. These questionnaires tend to be brief and categorical, such as the SNAP-IV (Swanson et al., 2001) or the ADHD Rating scale IV (DuPaul et al., 1998).

The Conner's rating scales (Conners, 1989, 1997, 2009) provide a dimensional assessment of the child behavior, such as inattention, hyperactivity/impulsivity, learning problems, executive functioning, aggression and peer relations. The several forms of the questionnaire are widely used in many countries as screening and follow-up tools. In Spain, validations of these scales have been performed by several authors with good results (Amador, Idiazábal, Aznar, & Peró, 2003; Amador, Idiazábal, Sangorrín, Espadaler, & Forns, 2002; Farre-Riba & Narbona, 1997). The new versions of the Connors Early Childhood Global Index (Connors EC GI; Conners, 2009) and the Connors 3 ADHD Index (Connors 3 AI; Conners, 2008) are reliable instruments for detecting ADHD problems in children aged 2 to 6 and 6 to 18 years old, respectively. Both questionnaires load the 10 highest items from the original and revised Connors Parent and Teacher Rating Scales (Conners, 1989, 1997). The Spanish validations of the Connors 3 AI and the Connors EC GI have been conducted in a Hispanic American population (Conners, 2008, 2009), but we do not have data on the psychometric properties in a Spanish population. In this context, Arias Martínez, Arias González, & Gómez Sánchez, 2013 conducted a calibration of Connors 3 AI with Rasch' model on a sample of 5 to 6 year old children. Although this was lower than the recommended age, the results indicated good psychometric properties and a floor effect in children with low levels of hyperactivity.

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