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Acute effects of outdoor and indoor exercise on feelings of energy and fatigue in people with depressive symptoms

Fabien D. Legrand, Maximillian Race, Matthew P. Herring

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Fabien D. Legrand\*, Maximillian Race, Matthew P. Herring

Running title: "outdoor" vs. "indoor" exercise for people with depression? Word count : 4,871 words main text + references

## Author Note

- Fabien D. Legrand, EA6291, "Cognition, Health and Socialisation", University of Reims Champagne Ardenne, Department of Psychology, 51096 Reims Cedex, FRANCE.
  Email: <u>fabien.legrand@univ-reims.fr</u>
- Maximillian Race, EA6291, "Cognition, Health and Socialisation", University of Reims Champagne Ardenne, Department of Psychology, 51096 Reims Cedex, FRANCE. Email: <u>maximillian.race@etudiant.univ-reims.fr</u>
- Matthew P. Herring, Department of Physical Education and Sports Sciences, University of Limerick, PESS 1045, Limerick, IRELAND.

Email: matthew.herring@ul.ie

\*Correspondence concerning this article should be addressed to Fabien D. Legrand,

University of Reims Champagne Ardenne, Department of Psychology, 51096 Reims Cedex,

FRANCE. E-mail: fabien.legrand@univ-reims.fr, phone: +0033 (0)3 26 91 38 90

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