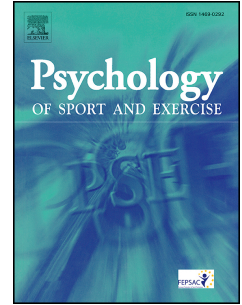


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Authentic Pride Regulates Runners' Training Progress

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