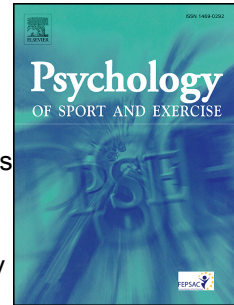


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The applicability of self-regulation theories in sport: Goal adjustment capacities, stress appraisals, coping, and well-being among athletes

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2 Prospective Analyses of Goal Adjustment Capacities, Stress Appraisals Coping, and Well-

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