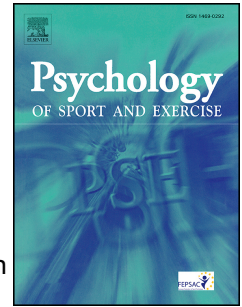


# Accepted Manuscript

The effects of mindfulness training on beginners' skill acquisition in dart throwing: A randomized controlled trial

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Running head: MINDFULNESS TRAINING AND DART THROWING

The effects of mindfulness training on beginners' skill acquisition in dart throwing: A  
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