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Ariel Hochster, Jennifer Block-Lerner, Donald R. Marks, Joel Erblich



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Mindfulness Buffers the Effects of Cue-Induced Craving on Alcohol Demand In College

Drinkers

Ariel Hochster¹, Jennifer Block-Lerner¹, Donald R. Marks¹ & Joel Erlich^{2,3,4}¹Nathan Weiss Graduate College, Kean University, Union, NJ²Hunter College, City University of New York, New York, NY³The Graduate Center, City University of New York, New York, NY⁴Icahn School of Medicine at Mount Sinai, New York, NY

Corresponding Author:

Joel Erlich, PhD, MPH

Hunter College

Department of Psychology, HN628

New York, NY 10065

212-396-6766

Email: jerblich@hunter.cuny.edu

RUNNING HEAD: Mindfulness, Cue-Induced Craving, and Alcohol Demand

Abstract

Alcohol consumption among young adult college students represents a significant public health problem. The presence of alcohol-related cues in drinkers' environments can trigger powerful alcohol cravings, which may influence drinking outcomes. Less is known about how this cue-

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