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Among College Students in the Republic of Korea

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**Association Between Protective Behavioral Strategies and Problem Drinking
Among College Students in the Republic of Korea**

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Abstract

Objective: The literature indicates that protective behavioral strategies (PBS) have been
effective in addressing problem drinking among college students. However, the effects of PBS on
problem drinking have not been thoroughly investigated among Korean college students. Thus,
the two study aims were to (a) examine drinking behavior among Korean college students and (b)
investigate the effects of PBS on problem drinking.

Methods: A pilot study was first conducted to obtain information needed to determine a sample
size and to examine the understandability and reliability of seven instruments. The instruments
were then used to collect data from full-time college students ($N = 479$). The data were analyzed
using (a) descriptive statistics such as frequencies and means for the first aim and (b)

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