## Accepted Manuscript

Can a mediator moderate? Considering the role of time and change in the mediator-moderator distinction

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PII: S0005-7894(17)30114-4 DOI: doi:10.1016/j.beth.2017.10.001

Reference: BETH 751

To appear in: Behavior Therapy

Received date: 5 October 2016 Accepted date: 2 October 2017



Please cite this article as: Karazsia, B.T. & Berlin, K.S., Can a mediator moderate? Considering the role of time and change in the mediator-moderator distinction, *Behavior Therapy* (2017), doi:10.1016/j.beth.2017.10.001

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This research was supported by Faculty Development Funds from The College of Wooster, awarded to the first author. The authors thank Grayson N. Holmbeck, Loyola University, for his helpful insights during early stages of manuscript preparation.

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#### Abstract

The concepts of mediation and moderation are important for specifying ways in which psychological treatments work and for whom they are most beneficial. Historically, the terms were confused and used interchangeably, so a rich body of scholarly literature makes clear their distinction. Researchers are also becoming increasingly aware that mediation and moderation can

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