Accepted Manuscript

The Attention Training Technique improves Children's ability to delay gratification: A controlled comparison with progressive relaxation

Joanne Murray, Helen Scott, Claire Connolly, Adrian Wells

PII: S0005-7967(18)30025-1

DOI: 10.1016/j.brat.2018.02.003

Reference: BRT 3238

To appear in: Behaviour Research and Therapy

Received Date: 1 February 2018

Accepted Date: 12 February 2018

Please cite this article as: Murray, J., Scott, H., Connolly, C., Wells, A., The Attention Training Technique improves Children's ability to delay gratification: A controlled comparison with progressive relaxation, *Behaviour Research and Therapy* (2018), doi: 10.1016/j.brat.2018.02.003.

This is a PDF file of an unedited manuscript that has been accepted for publication. As a service to our customers we are providing this early version of the manuscript. The manuscript will undergo copyediting, typesetting, and review of the resulting proof before it is published in its final form. Please note that during the production process errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.



The Attention Training Technique Improves Children's Ability to Delay Gratification: A Controlled Comparison with Progressive Relaxation

Joanne Murray

Helen Scott

Claire Connolly

Universities of Staffordshire & Keele, UK

Adrian Wells¹

University of Manchester, UK and

Greater Manchester Mental Health NHS Foundation Trust

¹Corresponding author: Adrian Wells, Division of Psychology and Mental Health, University of Manchester, Rawnsley Building, MRI Manchester, M13 9WL UK. Email: <u>adrian.wells@manchester.ac.uk</u> Tel:0161 276 5399 Download English Version:

https://daneshyari.com/en/article/7261824

Download Persian Version:

https://daneshyari.com/article/7261824

Daneshyari.com