

# Accepted Manuscript



Everyday stress response targets in the science of behavior change

Joshua M. Smyth, Martin J. Sliwinski, Matthew J. Zawadzki, Stacey B. Scott, David C. Conroy, Stephanie T. Lanza, David Marcusson-Clavertz, Jinhyuk Kim, Robert S. Stawski, Catherine M. Stoney, Orfeu M. Buxton, Christopher N. Sciamanna, Paige M. Green, Lisbeth Nielsen, David M. Almeida

PII: S0005-7967(17)30199-7

DOI: [10.1016/j.brat.2017.09.009](https://doi.org/10.1016/j.brat.2017.09.009)

Reference: BRT 3196

To appear in: *Behaviour Research and Therapy*

Received Date: 4 March 2017

Revised Date: 13 August 2017

Accepted Date: 25 September 2017

Please cite this article as: Smyth, J.M., Sliwinski, M.J., Zawadzki, M.J., Scott, S.B., Conroy, D.C., Lanza, S.T., Marcusson-Clavertz, D., Kim, J., Stawski, R.S., Stoney, C.M., Buxton, O.M., Sciamanna, C.N., Green, P.M., Nielsen, L., Almeida, D.M., Everyday stress response targets in the science of behavior change, *Behaviour Research and Therapy* (2017), doi: 10.1016/j.brat.2017.09.009.

This is a PDF file of an unedited manuscript that has been accepted for publication. As a service to our customers we are providing this early version of the manuscript. The manuscript will undergo copyediting, typesetting, and review of the resulting proof before it is published in its final form. Please note that during the production process errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.

## Everyday Stress Response Targets in the Science of Behavior Change

Joshua M. Smyth<sup>1</sup>, Martin J. Sliwinski<sup>1</sup>, Matthew J. Zawadzki<sup>2</sup>, Stacey B. Scott<sup>3</sup>, David C. Conroy<sup>1</sup>, Stephanie T. Lanza<sup>1</sup>, David Marcusson-Clavertz<sup>1</sup>, Jinhyuk Kim<sup>1</sup>, Robert S. Stawski<sup>4</sup>, Catherine M. Stoney<sup>5</sup>, Orfeu M. Buxton<sup>1</sup>, Christopher N. Sciamanna<sup>1</sup>, Paige M. Green<sup>6</sup>, Lisbeth Nielsen<sup>7</sup>, David M. Almeida<sup>1</sup>

<sup>1</sup>The Pennsylvania State University

<sup>2</sup>The University of California, Merced

<sup>3</sup>Stony Brook University

<sup>4</sup>Oregon State University

<sup>5</sup>National Institutes of Health/NHLBI

<sup>6</sup>National Institutes of Health/NCI

<sup>7</sup>National Institutes of Health/NIA

Correspondence to Joshua M. Smyth, [Smyth@psu.edu](mailto:Smyth@psu.edu)

Funding: This study was supported by the National Institutes of Health (NIH) Science of Behavior Change Common Fund Program through an award administered by the National Institutes of Aging (UH2-AG052167). Additional information on this project, including ongoing updates on results and technical details, can be found at the project page hosted on the Open Science Framework (<https://osf.io/njpbj/>).

Download English Version:

<https://daneshyari.com/en/article/7261898>

Download Persian Version:

<https://daneshyari.com/article/7261898>

[Daneshyari.com](https://daneshyari.com)