# **Accepted Manuscript**

Targeting self-regulation to promote health behaviors in children

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PII: S0005-7967(17)30198-5

DOI: 10.1016/j.brat.2017.09.008

Reference: BRT 3195

To appear in: Behaviour Research and Therapy

Received Date: 2 March 2017

Revised Date: 15 September 2017 Accepted Date: 25 September 2017

Please cite this article as: Miller, A.L., Gearhardt, A.N., Fredericks, E.M., Katz, B., Shapiro, L.F., Holden, K., Kaciroti, N., Gonzalez, R., Hunter, C., Lumeng, J.C., Targeting self-regulation to promote health behaviors in children, *Behaviour Research and Therapy* (2017), doi: 10.1016/j.brat.2017.09.008.

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#### ACCEPTED MANUSCRIPT

## **Targeting Self-Regulation to Promote Health Behaviors in Children**

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## **Role of the Funding Source:**

This study was supported by the National Institutes of Health (NIH) Science of Behavior Change Common Fund Program through an award administered by the NICHD UH2HD087979. Open Science Framework (OSF) page: https://osf.io/4vs6z/

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