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Effects of a Brief Mindfulness Intervention on Negative Affect and Urge to Drink among College Student Drinkers

C. Vinci, M.S M.R. Peltier, S. Shah, J. Kinsaul, K. Waldo, M.A. McVay, A.L. Copeland

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Running head: MINDFULNESS AND AT-RISK DRINKING

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Vinci, C. ^{1, 2}, Peltier, M. R.², Shah, S.², Kinsaul, J.², Waldo, K.², McVay, M. A.³, & Copeland, A. L.²

¹University of Mississippi Medical Center/G.V. (Sonny) Montgomery Veterans Affairs Medical Center

²Louisiana State University

³Department of Medicine, Duke University Medical Center, Durham, NC; Center for Health Services Research in Primary Care, Durham Veterans Affairs Medical Center, Durham, NC

Corresponding Author: Christine Vinci, M.S. University of Mississippi Medical Center/ G.V. (Sonny) Montgomery VA Medical Center 2500 North State St. Jackson, MS 39216

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