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Successful Emotion Regulation Skills Application Negatively Predicts Depressive Symptom Severity over Five Years in Individuals Reporting at least some Depressive Symptoms at Baseline

Matthias Berking, Carolin M. Wirtz, Jennifer Svaldi, Stefan G. Hofmann



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Running Head: EMOTION REGULATION AND DEPRESSION

Successful Emotion Regulation Skills Application Negatively Predicts Depressive Symptom
Severity over Five Years in Individuals Reporting at least some Depressive Symptoms at
Baseline

Matthias Berking¹

Carolin M. Wirtz²

Jennifer Svaldi³

Stefan G. Hofmann⁴

^{1,2}Philipps-University Marburg, Department of Clinical Psychology and Psychotherapy,
Gutenbergstrasse 18, 35032 Marburg, Germany

³University of Freiburg, Department of Psychology, Engelbergerstrasse 41, 79085 Freiburg im
Breisgau, Germany

⁴Boston University, Department of Psychology, 648 Beacon Street, 6th Fl., Boston, MA 02215,
USA

Matthias Berking (corresponding author), tel.: +49(0)6421 282 4050, fax: +49(0) 6421 282 4065,
E-mail: berking@staff.uni-marburg.de. Carolin M. Wirtz, E-mail: carolin.wirtz@staff.uni-
marburg.de. Jennifer Svaldi, E-mail: jennifer.svaldi@psychologie.uni-freiburg.de. Stefan G.
Hofmann, E-mail: shofmann@bu.edu

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