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The efficacy of attentional distraction and sensory monitoring in chronic pain patients: A meta-analysis

Dimitri Van Ryckeghem, Stefaan Van Damme, Christopher Eccleston, Geert Crombez

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The efficacy of attentional distraction and sensory monitoring in chronic pain patients:

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Dimitri Van Ryckeghem^{1,2}, Stefaan Van Damme², Christopher Eccleston^{2,3}, Geert Crombez^{2,3}

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¹Institute for Health and Behaviour, INSIDE, University of Luxembourg, Luxembourg

² Department of Experimental Clinical and Health Psychology, Ghent University, Belgium

³ Centre for Pain Research, University of Bath, UK.

Correspondence may be addressed to:

Dimitri Van Ryckeghem

Université du Luxembourg

Maison des Sciences Humaines, Porte des Sciences 11, L-4366 Esch-sur-Alzette

Tel: +35 (0) 4666449241

Email: Dimitri.VanRyckeghem@uni.lu

ABSTRACT

Attentional strategies, such as distraction and sensory monitoring, are often offered to reduce pain and pain-related distress. However, evidence for their efficacy in chronic pain patients is equivocal. We report a meta-analysis on the efficacy of distraction and sensory

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