Accepted Manuscript

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PII: S0272-7358(15)00094-X DOI: doi: 10.1016/j.cpr.2015.06.004

Reference: CPR 1451

To appear in: Clinical Psychology Review

Received date: 29 October 2014 Revised date: 12 March 2015 Accepted date: 14 June 2015



Please cite this article as: Pilton, M., Varese, F., Berry, K. & Bucci, S., The relationship between dissociation and voices: A systematic literature review and meta-analysis, *Clinical Psychology Review* (2015), doi: 10.1016/j.cpr.2015.06.004

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ACCEPTED MANUSCRIPT

The relationship between dissociation and voices: A systematic literature review and metaanalysis

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Abstract

There are an increasing number of studies exploring the association between voice-hearing (auditory verbal hallucinations) and dissociative experiences. The current study provides a systematic literature review and meta-analytic synthesis of quantitative studies investigating the relationship between voice-hearing and dissociation. A systematic search identified and included 19 clinical studies, comprising 1620 participants, and 12 non-clinical studies, comprising 2137 participants, published between 1986 and 2014. Nineteen of these studies provided sufficient data to be included within the meta-analysis. The narrative review findings suggested that dissociative experiences may be implicated in voice-hearing, and may potentially be a mediating factor within the well-established trauma and voice-hearing relationship. Similarly, the meta-analytic findings suggested that the majority of the identified studies showed a significant positive relationship between dissociative experiences and voicehearing. The magnitude of the summary effect was large and significant (r = .52), indicating a robust relationship between these two phenomena. However, considerable heterogeneity within the meta-analytic results and methodological limitations of the identified studies were evident, highlighting areas for future investigation. As the majority of the studies were crosssectional by design, we recommended future research include longitudinal designs with a

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