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Brief Behavioral Activation Treatment for Depressed Adolescents Delivered by Nonspecialist Clinicians: A Case Illustration

Laura Pass, Elizabeth Hodgson, Hannah Whitney, Shirley Reynolds

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[Running Head:] Adolescent Brief BA by a Nonspecialist Clinician

Contains Video

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Laura Pass, Elizabeth Hodgson, Hannah Whitney, and Shirley Reynolds, University of

Reading

The authors would like to thank Emma and her mother for their effort and input into the brief BA sessions, and for their consent to share their experiences of therapy. We would also like to thank the Child and Adolescent Mental Health Service that collaborated in this work, and Professor Carl Lejuez and Gemma Brisco for their comments on the brief BA manual and approach. We are extremely grateful to Jeni Fisk for her help with the video role-plays.

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