

Accepted Manuscript

Delivering Acceptance and Commitment Therapy for Weight Self-Stigma Through Guided Self-Help: Results From an Open Pilot Trial

Michael E. Levin, Sarah Potts, Jack Haeger, Jason Lillis

PII: S1077-7229(17)30031-7
DOI: doi:[10.1016/j.cbpra.2017.02.002](https://doi.org/10.1016/j.cbpra.2017.02.002)
Reference: CBPRA 665

To appear in: *Cognitive and Behavioral Practice*

Received date: 20 April 2016
Accepted date: 16 February 2017



Please cite this article as: Levin, M.E., Potts, S., Haeger, J. & Lillis, J., Delivering Acceptance and Commitment Therapy for Weight Self-Stigma Through Guided Self-Help: Results From an Open Pilot Trial, *Cognitive and Behavioral Practice* (2017), doi:[10.1016/j.cbpra.2017.02.002](https://doi.org/10.1016/j.cbpra.2017.02.002)

This is a PDF file of an unedited manuscript that has been accepted for publication. As a service to our customers we are providing this early version of the manuscript. The manuscript will undergo copyediting, typesetting, and review of the resulting proof before it is published in its final form. Please note that during the production process errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.

**Delivering Acceptance and Commitment Therapy for Weight Self-Stigma Through Guided
Self-Help: Results From an Open Pilot Trial**

Michael E. Levin, Sarah Potts, Jack Haeger, *Utah State University*

Jason Lillis, *Weight Control and Diabetes Research Center, The Miriam Hospital/Brown
Medical School*

Address correspondence to Michael E. Levin, Ph.D., Utah State University, 2810 Old Main Hill, Logan,
UT 84322; Michael.Levin@usu.edu

Download English Version:

<https://daneshyari.com/en/article/7264405>

Download Persian Version:

<https://daneshyari.com/article/7264405>

[Daneshyari.com](https://daneshyari.com)