## Accepted Manuscript

Title: Shame-Proneness, Guilt-Proneness and Anxiety

Symptoms: A Meta-Analysis

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ACCEPTED MANUSCRIPT

Running head: SHAME, GUILT & ANXIETY SYMPTOMS

**Title:** Shame-Proneness, Guilt-Proneness and Anxiety Symptoms: A Meta-Analysis

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**Highlights** 

- We examined the associations between shame-, guilt-proneness and anxiety symptoms
- Shame was more strongly associated with anxiety symptoms than guilt
- We controlled for the shared variance between shame- and guilt-proneness
- External shame seems to be more strongly associated with social anxiety symptoms

Abstract

There is a growing body of investigations showing that shame and guilt are important features

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