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Out of my league: Appraisals of anxiety and confidence in others by individuals with and without social anxiety disorder

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Highlights

- Examined evaluations of visible anxiety and confidence of others in individuals with social anxiety disorder and healthy controls
- Experimentally manipulated patterns of social comparisons in social anxiety disorder
- Both individuals with and without social anxiety evaluate anxious individuals more poorly than visibly confident ones, with no group differences found
- Individuals with social anxiety are more likely to engage in upward comparisons with confident others, while healthy individuals engage in predominant downward comparisons

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